Table of Contents

Objectives / Audience	. 5
Objectives	. 5
Audience	. 5
Chapter 1: Introduction	. 6
Introduction to GS	. 6
Terms Related to GS	. 9
History of GS	14
Eminent Researchers of GS	17
Earth Grid Systems Related to GS	21
Chapter 2: How Does GS Affect Us?	24
Disease	24
How Does GS Affect Health?	26
How Does GS Affect Buildings and Infrastructure? 2	29
What Evidence Is There Of Harmful Effects?	30
How Can GS Affect The Mind and Body?	38
How Do I Know If I am Geopathically Stressed? 4	41
Chapter 3: Detection, Remedies, and Measures	14
How Do I Recognise or Detect GS or GS Zones?	45
What Remedies and Measures are there?	48
Chapter 3: Case Studies	52
Case Study 1!	52
Case Study 2	53
Conclusion	56
Sources / Further Reading	58

About The Author	 6
About Elementum	 64